

Plant Protein Complete and Amino Acid Complex

A tasty, plant-based protein powder plus branched-chain amino acids

Item #02127 • 450 g • 1 scoop (approx. 30 g)

Are you looking for a high-quality protein shake that offers 18 g of high-quality protein per serving and also happens to be sustainably produced, delicious, and vegetarian-friendly? Plant Protein Complete and Amino Acid Complex offers all that, plus branched chain amino acids L-valine, L-leucine, and L-isoleucine.

Shake things up with this tasty vanilla drink mix. Its secret weapon is pea protein, which is an effective way to increase your protein intake (18 g per serving) without the use of eggs, soy and dairy. It's also a fantastic way to promote satiety, boost energy, and help with weight management.

Plant Protein Complete and Amino Acid Complex includes essential amino acids that help nourish and support muscle recovery and guard against muscle fatigue.¹⁻³ Last, but certainly not least, oat bran and prebiotic blue agave contribute to digestive health and immune support. Isn't it time you try a tastier way to supplement your protein intake?

This supplement should be taken in conjunction with a healthy diet and regular exercise program. Individual results are not guaranteed and results may vary.

References

1. *Aliment Pharmacol Ther.* 2004 Apr 1;19(7):779-88.
2. *Clin Gastroenterol Hepatol.* 2005 Jul;3(7):705-13.
3. *Clin Gastroenterol Hepatol.* 2014 Jun;12(6):1012-8.e1.



1 scoop contains:

Plant Protein and Amino Acid Blend	25 g
[Organic pea protein isolate, branched chain amino acids (L-leucine, L-isoleucine, L-valine), glycine, L-glutamine, brown rice protein concentrate]	
Nutrim® oat bran	1,875 mg
Inulin/FOS [from <i>Agave tequilana</i> (blue agave) juice extract (plant)]	1,537 mg
Enzyme Blend [bromelain (stem) (from pineapple) alpha-galactosidase (<i>Aspergillus niger</i>)]	93 mg

Other ingredients: stevia extract, maltodextrin, natural flavor, sunflower oil powder, rice starch, acacia gum, xanthan gum, modified food starch.

Nutrim® products are manufactured under license from VDF FutureCeuticals, Inc.

Dosage and Use:

Mix one scoop with approximately 8 oz. cold water in a shaker cup or blender. Drink one shake daily or as recommended by a healthcare practitioner.

Non-GMO

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.